



*Free Range Kids Newsletter*  
*August 2007*



August what a month it has been so far. We have had lots of feedback on our 1<sup>st</sup> Birthday and it has been all positive. What a day it turned out to be it was fantastic and the girls looked unbelievable in all their outfits. What a great team I have working for me at Free Range Kids. To all the children and their families that participated in dressing up well done to you all!

The morning started with activities and then Natty Satty arrived, the children just loved Natty Satty and what fun they had by all. Then it was lunch and rest time but not a lot of rest was happening because the children where very excited to have our afternoon activities. Well done to Mrs Douglas who wrote a couple of songs for our children and school children to sing? After our little concert we had a big green cake with lots of other goodies that Mrs McCann had specially cooked for our afternoon event. With lots of fun on the jumping castle, bubble blowing, face painting, rock 'n' roll dancers and much more fun. Once again thank you to all the parents, children and the Free Range Kids Staff for a wonderful and eventful day.

Amanda Wills  
Director

## Upcoming Events

Daffodil Day  
Father's Day Afternoon Tea  
Laidley Spring Festival  
School Vacation Care

Friday 24<sup>th</sup> August 2007  
Friday 31<sup>st</sup> August 2007  
Saturday 8<sup>th</sup> September 2007  
24<sup>th</sup> September til 5<sup>th</sup> Friday 2007



While there are lots bugs and viruses going around, please take advantage of the Antibacterial Hand Gel that is based at the entrance to the Centre. If all families can use the gel when arriving and leaving the centre so this will eliminate spreading of germs.



## Healthy Teeth News

August is Dental Awareness Month

Healthy teeth allow children to

- eat a nutritious diet
- Speak properly
- Have a healthy smile
- Help maintain space for permanent teeth

Tooth decay can be prevented

- Never put your baby to bed with a bottle
- Fill baby's bottle with water rather than cordial, soft drink or juice
- If using a dummy, do not add flavouring such as honey
- Do not reward or comfort with sweets
- Foods like muesli bars, roll ups, health bars and honey are not recommended as snacks as they contain high concentrations of added and natural sugars which will stick to the teeth more readily.

Brushing your child's teeth as soon as they come through with a recommended children's fluoride toothpaste will help prevent decay. Supervised tooth brushing is recommended until they can brush correctly (about 7-8 years old).

A healthy diet, brushing with fluoride toothpaste and regular dental check-ups will ensure your child healthy teeth and a healthy smile.

## HATCHLINGS ROOM



What a great birthday party, it's hard to believe that we are now a year old, and didn't we celebrate it with a bang. Big thanks to all the parents who came and joined in. If you were unable to make it we have lots of photos to look at. We were lucky enough in the nursery to have another birthday party the next day when Laura-Jayne celebrated her 2<sup>nd</sup> birthday, she shares a birthday with the centre and we had yummy strawberry birthday cake. The children have been doing lots of artwork for the decorations for the party, check out the record photos, so they have been getting creative and developing their fine motor skills. The babies are now all getting bigger and really starting to grow. Emily and Cheyenne are both now sitting up and playing happily, Matthew now sits at the table for meals like a big boy, Ella's words are expanding everyday, Daniel is babbling, Heidi has settled in really well, Macca is great at recognising our babies on the wall. If you have any questions about your babies' development don't hesitate to come and see me. We know there have been quite a few of our babies sick with all the winter ails that are around we are doing the best we can do to minimise this by following our cleaning procedures and disinfecting everything, we ask you to help by keeping your child at home if you feel they are too ill to attend, this prevents it spreading to other children and staff in the centre. If medication is needed to be given to your child please fill out medication forms which are found on the folder on top of the lockers and please help us by letting us know the time the medication was last given.

Now that all of the festivities are over we will get into some more fun activities for the babies so watch this space.

Until next time.

Mrs Ryan & Mrs Hansford.

## CHICKS ROOM



Wow, it's hard to believe Free Range Kids is a big 1 year old!! Our birthday party went off with a huge rock 'n' roll bang and we thank you all for your support and participation over the past 12 months. A special hello goes out to our very own Toddler John, who was channeling Jerry Lee Lewis on party day! Remember, Johnny be Good!! The toddlers worked very hard on the decorations for our party, making and painting records, paper chains and mirror balls. Just a quick reminder that your child requires a hat each day they attend care. If you haven't provided a scrapbook for your child can you please do so? We are concentrating on basic colours and shapes over the next few months. Also we will be continuing on with the children's self help skills and also our co-operation skills.

See you all next month

Mrs Gillespie and Mrs Vol

## CHICKEN LITTLE ROOM



Hi to all parents of our Kindy Room. Well another month has passed and we have been really busy. We are looking forward to the up and coming month. After another trip to Fiji we will explore more about the Fijian way of life and we will be looking at the environment, houses people and family life. Etc, Words, language, costumes etc. Watch our room come alive with the Fijian way of life. We will also be looking at the primary colours – Red, Yellow and Blue as the children are becoming very interested in colours. We would also like to take this opportunity to ask all parents to bring in a scrapbook if you haven't already done so.

### Pets Pets Pets Pets

Pets are a big part of our life and family. We have started our very own pet corner. So could you please send in a photo of your beloved pet with their name on it to add to our Kindy pet corner?  
Thanks

Miss Charmaine Brown, Miss Kerry-Anne Fountain, & Mrs

## CHICKEN RUN ROOM



We were very proud of the preschoolers and the brave effort they made during their performance at our 1<sup>st</sup> Birthday celebrations. Congratulations in the preschool room we have be exploring the weather, time, date and the seasons.

We have been talking about spring and what happens in spring, the children are busily enjoying artwork revolving around these topics making weather dials, flowers, and butterflies. Also from now to the end of the year we will be starting to prepare some of the children, that will be going to school next year, so if there are any concerns could you please come and speak with me (Mrs Debbie Schultz).

Until next time

Mrs Debbie Schultz, Mrs Belinda Schultz and Mrs Di Welbourne

## ROOSTERS



Hello from the Schoolies,

Firstly, I just want to let the parents know that the September school holidays are coming and that there is a program available out now. We have been very busy of late as we the schoolies had the responsibility of making decorations and the birthday banner for our 1<sup>st</sup> birthday. Oh what a job we thoroughly enjoyed it we all worked really hard on our very own schoolies song and Miss Paroz was very proud of the group. Well Done! Just a reminder can you please check your pockets near preschool door they are bulging.

Until next time Miss Paroz

# Policy Review

## FREE RANGE KIDS CHILD CARE CENTRE MEDICATION AUTHORITY FORM

NAME OF CHILD \_\_\_\_\_

HEALTH PRACTITIONERS NAME: \_\_\_\_\_ PHONE \_\_\_\_\_

DATE MEDICATION WAS PERSCRIBED \_\_\_\_\_

NAME OF MEDICATION \_\_\_\_\_

STORAGE REQUIREMENTS \_\_\_\_\_

DOSAGE AND FREQUENCY \_\_\_\_\_

DATE AND TIME REQUIRED TO BE GIVEN \_\_\_\_\_

DATE	DOSAGE	TIME GIVEN	STAFF ADMINISTERING, NAMES & SIGNATURES	ADVANCE PARENT NAME, SIGNATURE & DATE
			1.	
			2.	
			1.	
			2.	
			1.	
			2.	
			1.	
			2.	

PARENT NAME \_\_\_\_\_ DATE \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_

If your child requires more than one medication, please complete a separate form.

### **Evaluation and Review**

This medication form will be reviewed on an annual basis with the consultation of parents and staff. Current legislation, Regulations and QIAS standards will also be taken into consideration.

PLEASE RETURN THIS PORTION TO THE OFFICE FOR ACCREDITATION PURPOSES: THANK YOU FOR YOUR ASSISTANCE.

I, \_\_\_\_\_ (parent name) have read the above medication form and make the following suggestions for change.

#### 4.8 Immisation/Non Immisation Policy

Created: 11.4.05

Review Date: 23.5.06

##### Objective

To maintain a healthy environment in the centre and to educate parents on the importance of childhood immunization.

##### Explanation

Immisation programmes in Australia have been very successful in controlling and reducing the number of cases of serious diseases.

Immisation is not compulsory; however, it is important that parents and staff encourage immunization. The Family Assistance Office now regulates the Immisation of children by listing it as a criteria for obtaining Child Care Benefit.

##### Implementation

The Director will request information about the child's immunization schedule upon enrolment.

- a. All families must show evidence of the child's immunization on enrolment and keep the Centre informed of any future immunization when the child is at the Centre.
- b. If the child is non-immunised documentation must be provided to the Centre to support the parents' decision not to have the child immunized.
- c. In the event of an outbreak of a vaccine-preventable disease at the centre, non-immunised children will be required to remain at home for the duration of the outbreak.
- d. All parents must be informed of an outbreak of a vaccine-preventable disease.
- e. The State health authority is contacted by telephone to advise of an outbreak of a notifiable disease outbreak. A written report is made recording the child, the disease concerned and any support documentation i.e. letters from doctor etc. Staff Immunisation

The National Health and Medical Research Council has issued guidelines to protect health care workers. Staff in children's services and schools are more likely to be at risk from common childhood infections and thus staff records should show details of each staff member's immunisations.

Because staff can be carriers of communicable infections and because they have a professional responsibility to protect children, National Health and Medical Research Council's recommended immunisations should be followed.

Immisation reduces the risk of exposure to possible infection. It also reduces the risk to the unborn infant. Rubella (German Measles) can cause severe defects in an infant, especially if a woman contracts it in the early months of pregnancy. A woman planning a pregnancy is encouraged to know what her rubella status is before becoming pregnant.

##### **The recommended immunisation for staff is:**

Measles mumps rubella;

booster doses of diphtheria and tetanus (combined vaccine ADT) every ten years;

Hepatitis A for those working with children, particularly in situations where the children have not learned self toileting or have additional needs and in remote Aboriginal and Torres Strait Islander communities;

Hepatitis B.

##### Evaluation and Review

This policy will be reviewed on an annual basis with the consultation of parents and staff. Current legislation, Regulations and QIAS standards will also be taken into consideration.

---

PLEASE RETURN THIS PORTION TO THE OFFICE FOR ACCREDITATION PURPOSES: THANK YOU FOR YOUR ASSISTANCE.

I, \_\_\_\_\_ (parent name) have read the above policy Immisation/non-Immisation and make the following suggestions for change.